

PROJECT UNIT 7 SGK TIẾNG ANH 9

1. Work in groups. Go to other classes and ask different students about their eating habits. Write the students' answers in the table. (Làm việc theo nhóm. Đến những lớp khác và hỏi những học sinh khác về thói quen ăn uống của họ. Viết câu trả lời của học sinh vào bảng)

A survey on eating habits

Question	Student 1	Student 2	Student 3	Student 4	Student 5
1. How often do you eat fast food?	_____	_____	_____	_____	_____
2. How often do you eat homemade food?	_____	_____	_____	_____	_____
3. How many meals do you have per day?	_____	_____	_____	_____	_____
4. Which meal is the most important to you?	_____	_____	_____	_____	_____
5. Which do you prefer: eating at home or eating out?	_____	_____	_____	_____	_____
6. What is your favourite dish?	_____	_____	_____	_____	_____

Hướng dẫn giải

Question	Student 1	Student 2	Student 3	Student 4	Student 5
1. How often do you eat fast food?	Twice a week	Once a month	Rarely	Twice a month	Once a week
2. How often do you eat homemade food?	6 times/week	Almost all days	All days	12 times/week	15 times/week
3. How many meals do you have per day?	3	3	3	3	3
4. Which meal is the most important to you?	Dinner	Lunch	Breakfast	Lunch	Breakfast
5. Which do you prefer: eating at home or eating out?	Eat out	Eat at home	Eat at home	Eat at home	Eat out
6. What is your favorite dish?	Fried chicken	Fish	Salad	Hamburger	French fries

2. Now work together again. Analyse the answers you have got and organise them in the form of an answer to each question. This could be done using a visual organiser such as a chart. (*Bây giờ làm việc cùng nhau. Phân tích những câu trả lời mà bạn có và tổ chức ở dạng mỗi câu trả lời cho từng câu hỏi. Việc này có thể hoán thành bằng cách sử dụng thiết bị trực quan chẳng hạn như biểu đồ*)

3. In general, do the students at your school have healthy eating habits? Present your group's findings to the class. (*Nhìn chung, những học sinh ở trường bạn có thói quen ăn uống tốt cho sức khỏe không? Trình bày những phát hiện của nhóm bạn trước lớp*)

Hướng dẫn giải

Good morning teacher and friends,

Today I want to present about eating habits of students in our school. According to our group's findings, almost students in our school do not have healthy eating habits. Firstly, they like fast food so much, which are not good for health, and eat this kind of food quite

regularly. Secondly, although eating out may bring many risks of bad food sanitation, they tend to prefer eating out to eating at home. The food cooked at home, which is cleaner and more nutritious, is not their cup of tea. Lastly, they tend to eat much for dinner and do not give enough care to the breakfast. Contrary to popular belief, it's not the dinner but the breakfast that is the most important meal of the day so you should eat a big breakfast and just a little in the evening. In conclusion, I suggest that students in our school should improve a healthier eating habits.