

GIẢI COMMUNICATION UNIT 3 SGK TIẾNG ANH 9

1. Read about the necessary life skills for teenagers ... (Đọc các kỹ năng dành cho thanh niên ở Mỹ. Nói các kỹ năng với hạng mục của nó.)

1. Social skills	A. <ul style="list-style-type: none">• recognise and control your feelings• cope with negative emotions
2. Cognitive skills	B. <ul style="list-style-type: none">• have planning and organisational skills• concentrate and be self-disciplined
3. Housekeeping skills	C. <ul style="list-style-type: none">• cooperate with others and resolve conflicts• have communication skills
4. Emotion control skills	D. <ul style="list-style-type: none">• prepare food, do laundry and chores at home• manage a small budget• learn about basic car operation
5. Self-care skills	E. <ul style="list-style-type: none">• develop healthy habits• know how to act and where to get help in emergencies• understand the boundaries of risk taking

Hướng dẫn giải

1. C	2. B	3. D	4. A	5. E
------	------	------	------	------

2. Discuss (Thảo luận.)

Do we teenagers in Viet Nam need all or some of these skills? Why/Why not? (Bạn trẻ Việt Nam có cần những kỹ năng như vậy không?)

Hướng dẫn giải

⇒ I think teenagers in Viet Nam also need all of the above skills because these skills help them to be more independent and to control their feelings better.

3. In groups, work out a similar list of skills that Vietnamese teens (Làm việc theo nhóm đưa ra danh sách những kỹ năng mà các bạn trẻ Việt nam nên có. Thêm hoặc bỏ đi nếu bạn muốn và nhớ phải đưa ra các dẫn chứng với lý giải. Thuyết trình danh sách với các nhóm khác và đưa ra 1 danh sách chung của cả lớp.)

Hướng dẫn làm

- **Social skills:** cooperate with others and resolve conflicts, communication skills.
- **Housekeeping skills:** able to cook, do laundry, clean the house and other chores and manage a small budget.
- **Self-care skills:** develop healthy habits, know what to do in emergencies and understand the boundaries of risk taking.
- **Emotion control skills:** recognize and control your feelings and cope with negative emotions.

(Explanation: I remove the skills of **learning about basic car operation** because it is not necessary for Vietnamese young people to know that)

4. Look at the list of life skills for teens that your class has developed. (*Nhìn vào danh sách các kỹ năng sống dành cho thiếu niên mà lớp em vừa phát triển.*)

Which skills do you already have?

Which skills do you need to develop?



Hướng dẫn

⇒ I already social skills and housekeeping skills. I can cooperate pretty well with other people; therefore, I usually do well in teamwork. I can also do almost all the housework and manage a small budget. My parents give me an allowance per week and I will plan on how to spend this amount of money most effectively. However, I need to develop self-care skills and emotion control skills. I think that these two skills are very important for me to become an independent individual.